

**Swimming Timetable**  
**Spring Bank Half Term; 25 – 31 May 2026**

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit [active.leeds.gov.uk/swimming](http://active.leeds.gov.uk/swimming)**

**Cost**

**Adult.** £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

**Junior.** £3.00 Standard, U3s Free

*Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.*

Monday 25 May – Main Pool (BANK HOLIDAY)	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
08:15 – 09:15	Lane Swim (with 2 Lanes – Restricted Numbers)
09:30 – 10:30	Float Fun Swim
10:45 – 11:45	Public Swim (with 1 Lane)

Monday 25 May – Small Pool	
Time	Session
09:30 – 10:30	Family Fun Swim
10:45 – 11:45	Family Fun Swim

Monday 25 May – Hydro Pool (Screening Required to attend)	
Time	Session
10:30 – 11:00	Pre-bookable via reception – screening required

Tuesday 26 May – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
08:15 – 09:15	Lane Swim (with 2 lanes – Restricted Numbers)
09:30 – 10:30	Adult Swimming Lessons
10:30 – 11:45	Intensive Swimming Lessons (see holiday timetable)
12:05 – 13:05	Lane Swim
13:15 – 14:00	Fun Swim
14:15 – 15:00	Aqua Mobility
15:45 – 18:00	Junior Swimming Lessons
18:10 – 19:10	Public Swim (with 1 Lane)
19:15 – 20:15	Female Lane Swim*
20:30 – 21:30	Lane Swim

\*male & female lifeguards on duty

<b>Tuesday 26 May – Small Pool</b>	
Time	Session
09:30 – 10:30	Family Fun Swim
10:30 – 11:45	Intensive Swimming Lessons (see holiday timetable)
12:05 – 13:05	Family Fun Swim
13:15 – 14:45	Parent & Child Swimming Lessons
15:45 – 18:15	Junior Swimming Lessons
18:20 – 19:15	Family Fun Swim

<b>Tuesday 26 May – Hydrotherapy Pool</b>	
Time	Session
10:30 – 11:00	Pre-bookable via reception – screening required
12:05 – 12:35	Pre-bookable via reception – screening required
13:30 – 14:00	Pre-bookable via reception – screening required
18:00 – 18:30	Pre-bookable via reception – screening required

<b>Wednesday 27 May – Main Pool</b>	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
08:15 – 09:15	Lane Swim (with 2 Lanes – Restricted Numbers)
09:30 – 10:30	Float Fun Swim
10:30 – 11:45	Intensive Swimming Lessons (see holiday timetable)
12:05 – 13:05	Lane Swim
13:15 – 14:00	Fun Swim
14:00 – 15:00	Sports Camp & Swim (PreBookable)
15:45 – 19:00	Junior Swimming Lessons
19:00 – 19:30	Adult Swimming Lessons
19:45 – 20:45	Leeds & Bradford Triathlon Club (Private Booking)
20:45 – 21:30	Lane Swim

<b>Wednesday 27 May – Small Pool</b>	
Time	Session
09:30 – 10:30	Family Fun Swim
10:30 – 11:45	Intensive Swimming Lessons (see holiday timetable)
12:05 – 13:05	Family Fun Swim
13:15 – 14:00	Family Fun Swim
15:00 – 18:15	Junior Swimming Lessons
18:20 – 19:15	Family Fun Swim

<b>Wednesday 27 May – Hydrotherapy Pool</b>	
Time	Session
12:05 – 12:35	Pre-bookable via reception – screening required
18:00 – 18:30	Pre-bookable via reception – screening required

<b>Thursday 28 May – Main Pool</b>	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
08:15 – 09:15	Lane Swim (with 2 Lanes – Restricted Numbers)
09:30 – 10:15	Aqua Aerobics
10:30 – 11:45	Intensive Swimming Lessons (see holiday timetable)
12:05 – 13:05	Lane Swim
13:15 – 14:00	Fun Swim
14:15 – 15:00	Disability Swim
15:45 – 18:00	Junior Swimming Lessons
18:10 – 19:10	Public Swim (with 1 Lane)
19:15 – 20:00	Aqua Aerobics
20:10 – 21:10	Female Only Public Swim (with 1 Lane)
21:15 – 22:00	Lane Swim

<b>Thursday 28 May – Small Pool</b>	
Time	Session
09:30 – 10:30	Family Fun Swim
10:30 – 11:45	Intensive Swimming Lessons (see holiday timetable)
12:05 – 13:05	Family Fun Swim
13:05 – 18:15	Junior Swimming Lessons
18:20 – 19:15	Family Fun Swim

<b>Thursday 28 May – Hydrotherapy Pool</b>	
Time	Session
12:05 – 12:35	Pre-bookable via reception – screening required
13:30 – 14:00	Pre-bookable via reception – screening required
18:00 – 18:30	Pre-bookable via reception – screening required

<b>Friday 29 May – Main Pool</b>	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
08:15 – 09:15	Lane Swim (with 2 Lanes – Restricted Numbers)
09:30 – 10:30	Float Fun Swim
10:30 – 11:45	Intensive Swimming Lessons (see holiday timetable)
12:05 – 13:05	Lane Swim
13:15 – 14:00	Public Swim (with 1 Lane)
14:15 – 15:15	Fun Swim
15:45 – 18:00	Junior Swimming Lessons
18:10 – 19:10	Public Swim (with 1 Lane)
19:15 – 20:00	Lane Swim
20:15 – 21:15	Leeds & Bradford Triathlon Club (Private Booking)

Friday 29 May – Small Pool	
Time	Session
09:30 – 10:30	Family Fun Swim
10:30 – 11:45	Intensive Swimming Lessons (see holiday timetable)
12:05 – 13:05	Family Fun Swim
13:15 – 14:00	Family Fun Swim
14:15 – 15:15	Family Fun Swim
15:45 – 18:15	Junior Swimming Lessons
18:20 – 19:15	Family Fun Swim

Friday 29 May – Hydrotherapy Pool	
Time	Session
11:00 – 11:30	Pre-bookable via reception – screening required
12:05 – 12:35	Pre-bookable via reception – screening required

Saturday 30 May – Main Pool	
Time	Session
08:00 – 12:00	Junior Swimming Lessons
11:25 – 11:55	Disability Swimming Lessons (Juniors)
12:15 – 13:15	Lane Swim
13:30 – 14:30	Public Swim (with 1 lane)
14:45 – 15:45	Float Fun Swim
16:00 – 16:45	Public Swim (with 1 lane)
17:00 – 18:00	Lane Swim

Saturday 30 May – Small Pool	
Time	Session
08:00 – 12:00	Junior Swimming Lessons
11:25 – 11:55	Disability Swimming Lessons (Juniors)
12:15 – 13:15	Family Fun Swim
13:30 – 14:30	Family Fun Swim
14:45 – 15:45	Family Fun Swim
16:00 – 16:45	Family Fun Swim

Saturday 30 May - Hydrotherapy Pool	
Time	Session
13:15 – 13:45	Pre-bookable via reception – screening required

Sunday 31 May – Main Pool	
Time	Session
08:00 – 08:55	Lane Swim
09:00 – 10:00	Public Swim (with 1 lane)
10:15 – 11:15	Float Fun Swim
11:30 – 12:30	Lane Swim
12:45 – 13:45	Float Fun Swim
14:00 – 15:00	Float Fun Swim
15:15 – 16:00	Public Swim (1 lane)
16:15 – 17:00	Private Party Hire / Staff Training
17:15 – 18:15	Junior Swimming Lessons
17:30 – 18:30	Lane Swim (with 2 Lanes – Restricted Numbers)
18:30 – 19:30	Lane Swim

Sunday 31 May – Small Pool	
Time	Session
09:00 – 10:00	Family Fun Swim
10:15 – 11:15	Family Fun Swim
11:30 – 12:30	Family Fun Swim
12:45 – 13:45	Family Fun Swim
14:00 – 15:00	Family Fun Swim
15:15 – 16:00	Family Fun Swim
16:15 – 17:00	Private Party Hire / Staff Training

Sunday 31 May – Hydrotherapy Pool	
Time	Session
09:45 – 10:15	Pre-bookable via reception – screening required
11:30 – 12:00	Pre-bookable via reception – screening required

For session descriptions please visit [active.leeds.gov.uk/swimming](https://active.leeds.gov.uk/swimming)

For junior holiday activities & holiday lesson information please visit [active.leeds.gov.uk](https://active.leeds.gov.uk)