

Swimming Timetable Sunner Holidays 20 July – 31 August 2026

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception: Please check our [Facebook](#) page for any recent timetable changes: **For session descriptions please visit active.leeds.gov.uk/Swimming**

Cost

Adult: £6.60 Standard, £5.90 Leeds card, £5.15 Leeds card 60 (Peak), £3.80 Leeds card 60 (Off Peak), £3.15 Leeds card Extra (Peak), £2.50 Leeds card Extra (Off Peak)

Junior: £3.15 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Week 1: Monday 20 July – Sunday 26 July

Monday 20 July – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
10:00 – 11:00	Public Swim (with 2 Lanes)
11:15 – 11:45	Holiday Intensive Lessons (bookable)**
12:00 – 13:00	Lane Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19:15 – 20:00	Aqua Aerobics
20:00 – 21:00	Adult Swimming Lessons
21:05 – 22:00	Lane Swim

Monday 20 July – Small Pool

Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

Tuesday 21 July – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
11:15 – 11:45	Holiday Intensive Lessons (bookable)**
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:30 – 15:15	Width Swim
15:30 – 18:00	Junior Swimming Lessons
20:15 – 21:30	Lane Swim

Tuesday 21 July – Small Pool

Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:35	Junior Swimming Lessons

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Wednesday 22 July – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
09:05 – 09:50	Aqua Aerobics
10:00 – 12:00	Adult lessons
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:00 – 15:00	Public Swim (with 2 Lanes)
15:30 – 19:00	Junior Swimming Lessons
20:45 – 22:00	Lane Swim

Wednesday 22 July – Small Pool

Time	Session
10:00 – 11:30	Adult & Child lessons
12:00 – 12:45	Family Swim
15:30 – 18:35	Junior Swimming Lessons

Thursday 23 July – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
09:15 – 10:00	Aqua Aerobics
10:15 – 11:15	Public Swim (with 2 Lanes)
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:00 – 15:00	Public Swim (with 2 Lanes)
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19:15 – 20:00	Aqua Aerobics
20:15 – 21:00	Female Only Lane Swim
21:00 – 22:00	Lane Swim

Thursday 23 July– Small Pool

Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

Friday 24 July – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:00 – 15:00	Public Swim (with 2 Lanes)
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19:15 – 20:15	Adult Lessons
20:30 – 21:30	Lane Swim

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Friday 24 July – Small Pool

Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

Saturday 25 July – Main Pool

Time	Session
08:00 - 15:30	Junior Swimming Lessons

Saturday 25 July – Small Pool

Time	Session
08:00 - 15:30	Junior Swimming Lessons

Sunday 26 July – Main Pool

Time	Session
09:00 – 10:00	Lane Swim
10:15 – 11:15	Public Swim (with 2 lanes)
11:30 – 12:30	Family Swim
13:00 – 14:00	Public Swim (No lanes)
14:15 – 14:45	Disability Swimming Lessons
14:45 – 15:30	Disability Swim
16:00 – 17:00	Lane Swim

Sunday 26 July – Small Pool

Time	Session
09:00 – 10:00	Family Swim
10:15 – 11:15	Family Swim
11:30 – 12:30	Family Swim
13:00 – 14:00	Family Swim

For session descriptions please visit active.leeds.gov.uk/swimming

For junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

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Sunner Holidays 20 July – 31 August 2026

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Cost

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Junior: £3.15 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Weeks 2 - 5: Monday 27 July – Sunday 23 August

Monday – Main Pool	
Time	Session
07:00 – 09:00	Lane Swim
10:00 – 11:00	Public Swim (with 2 Lanes)
11:15 – 11:45	Holiday Intensive Lessons (bookable)**
12:00 – 13:00	Lane Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19:15 – 20:00	Aqua Aerobics
20:00 – 21:00	Adult Swimming Lessons
21:05 – 22:00	Lane Swim

Monday – Small Pool	
Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

Tuesday – Main Pool	
Time	Session
07:00 – 09:00	Lane Swim
11:15 – 11:45	Holiday Intensive Lessons (bookable)**
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:30 – 15:15	Width Swim
15:30 – 18:35	Junior Swimming Lessons
18:15 – 19:00	TO BE CONFIRMED
19:15 – 20:00	TO BE CONFIRMED
20:15 – 21:30	Lane Swim

Tuesday – Small Pool	
Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:35	Junior Swimming Lessons

Swimming Timetable
Sunner Holidays 20 July – 31 August 2026

Wednesday – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
09:05 – 09:50	Aqua Aerobics
10:00 – 11:30	Adult lessons
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:00 – 15:00	Public Swim (with 2 Lanes)
15:30 – 19:00	Junior Swimming Lessons
19:00 – 19:30	TO BE CONFIRMED
20:45 – 22:00	Lane Swim

Wednesday – Small Pool

Time	Session
10:00 – 11:30	Adult & Child lessons
12:00 – 12:45	Family Swim
15:30 – 18:35	Junior Swimming Lessons

Thursday – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
09:15 – 10:00	Aqua Aerobics
10:15 – 11:15	Public Swim (with 2 Lanes)
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:00 – 15:00	Public Swim (with 2 Lanes)
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19:15 – 20:00	Aqua Aerobics
20:15 – 21:00	Female Only Lane Swim
21:00 – 22:00	Lane Swim

Thursday – Small Pool

Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

Swimming Timetable

Sunner Holidays 20 July – 31 August 2026

Friday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:15 – 09:00	Lane Swim
09:30 – 10:30	Public Swim (with 2 Lanes)
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:00 – 15:00	Public Swim (with 2 Lanes)
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
20:30 – 21:30	Lane Swim

Friday – Small Pool	
Time	Session
09:30 – 10:30	Family Swim
12:00 – 12:45	Family Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

Saturday – Main Pool	
Time	Session
08:00 - 15:30	Junior Swimming Lessons

Saturday – Small Pool	
Time	Session
08:00 - 15:30	Junior Swimming Lessons

Sunday – Main Pool	
Time	Session
09:00 – 10:00	Lane Swim
10:15 – 11:15	Public Swim (with 2 lanes)
11:30 – 12:30	Family Swim
13:00 – 14:00	Public Swim (No lanes)
14:15 – 14:45	Disability Swimming Lessons
14:45 – 15:30	Disability Swim
16:00 – 17:00	Lane Swim

Sunday – Small Pool	
Time	Session
09:00 – 10:00	Family Swim
10:15 – 11:15	Family Swim
11:30 – 12:30	Family Swim
13:00 – 14:00	Family Swim

For session descriptions please visit active.leeds.gov.uk/swimming

For junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

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Cost

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Junior: £3.15 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Week 6: Monday 24 – Sunday 30 August

Monday 24 August – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
10:00 – 11:00	Public Swim (with 2 Lanes)
11:15 – 11:45	Holiday Intensive Lessons (bookable)**
12:00 – 13:00	Lane Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19:15 – 20:00	Aqua Aerobics
20:00 – 21:00	Adult Swimming Lessons
21:05 – 22:00	Lane Swim

Monday 24 August – Small Pool

Time	Session
09:45 – 10:45	Family Swim

Tuesday 25 August – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:30 – 15:15	Width Swim
15:30 – 18:35	Junior Swimming Lessons
20:15 – 21:30	Lane Swim

Tuesday 25 August – Small Pool

Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:35	Junior Swimming Lessons

Swimming Timetable
Sunner Holidays 20 July – 31 August 2026

Wednesday 26 August – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
09:05 – 09:50	Aqua Aerobics
10:00 – 11:30	Adult Lessons
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:00 – 15:00	Public Swim (with 2 Lanes)
15:30 – 19:00	Junior Swimming Lessons
20:45 – 22:00	Lane Swim

Wednesday 26 August – Small Pool

Time	Session
10:00 – 11:30	Adult & Child Lessons
12:00 – 12:45	Family Swim
15:30 – 18:35	Junior Swimming Lessons

Thursday 27 August – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
09:15 – 10:00	Aqua Aerobics
10:15 – 11:15	Public Swim (with 2 Lanes)
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:00 – 15:00	Public Swim (with 2 Lanes)
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19:15 – 20:00	Aqua Aerobics
20:15 – 21:00	Female Only Lane Swim
21:00 – 22:00	Lane Swim

Thursday 27 August – Small Pool

Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

Friday 28 August – Main Pool

Time	Session
07:00 – 09:00	Lane Swim
12:00 – 13:00	Lane Swim
13:15 – 13:45	Holiday Intensive Lessons (bookable)**
14:00 – 15:00	Public Swim (with 2 Lanes)
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
20:30 – 21:30	Lane Swim

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Sunner Holidays 20 July – 31 August 2026

Friday 28 August – Small Pool

Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

Saturday 29 August – Main Pool

Time	Session
08:00 - 15:30	Junior Swimming Lessons

Saturday 29 August – Small Pool

Time	Session
08:00 - 15:30	Junior Swimming Lessons

Sunday 30 August – Main Pool

Time	Session
09:00 – 10:00	Lane Swim
10:15 – 11:15	Public Swim (with 2 lanes)
11:30 – 12:30	Family Swim
13:00 – 14:00	Public Swim (No lanes)
14:15 – 14:45	Disability Swimming Lessons
14:45 – 15:30	Disability Swim
16:00 – 17:00	Lane Swim

Sunday 30 August – Small Pool

Time	Session
09:00 – 10:00	Family Swim
10:15 – 11:15	Family Swim
11:30 – 12:30	Family Swim
13:00 – 14:00	Family Swim

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Junior: £3.15 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Monday 31 August – Main Pool (BANK HOLIDAY)	
Time	Session
07:00 – 09:00	Lane Swim
10:00 – 11:00	Public Swim (with 2 Lanes)

Monday 31 August – Small Pool	
Time	Session
10:00 – 10:45	Family Swim