

Swimming Timetable
Sunmer Holidays 20 July – 31 August 2026

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/ Mobility / Inflatable Fun Swim), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult. £6.60 Standard, £5.90 Leeds card, £5.15 Leeds card 60 (Peak), £3.80 Leeds card 60 (Off Peak), £3.15 Leeds card Extra (Peak), £2.50 Leeds card Extra (Off Peak)

Junior. £3.15 Standard, U3s Free

Inflatable Fun Swim. £4.00 standard. Limited Spaces. Prebookable. Ages 8-16yrs only.

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

Week 1: Monday 20 July – Sunday 26 July

Monday 20 July	
Time	Session
06:45-08:55	Lane Swim
09:00-09:45	Public Swim (with 1 Lane)
10:00-10:45	Aqua Aerobics
11:00-11:45	Fun Swim
12:00-13:00	Lane Swim
13.15-14.00	Inflatable Fun Swim (Age 8+ Bookable)
14.30-15.15	Fun Swim
15:45-19:00	Junior Swim Lessons
19:15-20:15	Public Swim (with 1 Lane)
20:20-22:00	Lane Swim

Tuesday 21 July	
Time	Session
06:45-09:00	Lane Swim
09:05-10:00	Public Swim (with 1 Lane)
10:15-11:00	Fun Swim
11:15-11:45	Healthy Holidays – Swimming Lessons
12:00-13:00	Junior Swimming Lessons
13.30-15.00	Fun Swim
15:45-18:00	Junior Swimming Lessons
18:05-19:00	Public Swim (with 1 Lane)
21:00-22:00	Lane Swim

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Wednesday 22 July	
Time	Session
06:45-09:15	Lane Swim
09:30-10:15	Aqua Aerobics
10:15-11:00	Fun Swim
11:15-11:45	Healthy Holidays – Swimming Lessons
12:00-13:00	Lane Swim
13.15-14.00	Inflatable Fun Swim (Age 8+ Bookable)
14.30-15.15	Fun Swim
15:45-19:30	Junior Swimming Lessons
19:35-20:30	Public Swim (with 1 Lane)
20:35-21:35	Lane Swim

Thursday 23 July	
Time	Session
06:45-09:00	Lane Swim
10:15-11:00	Fun Swim
11:15-11:45	Healthy Holidays – Swimming Lessons
12:00-13:00	Lane Swim
13.30-14.00	Adult Swimming Lessons
14:15-15:00	Inflatable Fun Swim (Age 8+ Bookable)
15:45-18:00	Junior Swimming Lessons
18:15-18:55	Public Swim (with 1 Lane)
19:00-21:00	Adult Swimming Lessons
21:00-22:00	Female Only Public Swim (with 2 lanes)

Friday 24 July	
Time	Session
06:45-08:55	Lane Swim
09:00-10:00	Public Swim (with 1 Lane)
10:15-11:00	Fun Swim
11:15-11:45	Healthy Holidays – Swimming Lessons
12:00-13:00	Lane Swim
13:30-14:35	Junior Swimming Lessons
14:35-15:20	Staff training
15:45-20:00	Junior Swimming Lessons
20:15-21:00	Public Swim (with 2 Lanes)

Swimming Timetable
Summer Holidays 20 July – 31 August 2026

Saturday 25 July	
Time	Session
08:30-12:40	Junior Swim Lessons
12:45-13:45	Public Swim (with 1 Lane)
14:00-15:45	Private Party Hire
16:00-17:00	Lane Swim

Sunday 26 July	
Time	Session
09:00-10:00	Family Float Swim
10:00-11:00	Family Float Swim
11:00-12:00	Family Float Swim
12:15-13:45	Lane Swim
13:50-16:00	Disability Hub Swimming Lessons
16:15-17:00	Disability Swim
17:15-18:15	Junior Swimming Lessons

For session descriptions please visit active.leeds.gov.uk/Swimming

For junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

Pool Inflatable Fun Swim - We've introduced advanced booking for our pool inflatable sessions. To book visit [Activity Search - Book | GladstoneGo](#)

Summer Holidays

Swimming Timetable
Sunner Holidays 20 July – 31 August 2026

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Junior. £3.15 Standard, U3s Free

Inflatable Fun Swim. £4.00 standard. Limited Spaces. Prebookable. Ages 8-16yrs only.

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Weeks 2 - 5: Monday 27 July – Sunday 23 August

Monday	
Time	Session
06:45-08:55	Lane Swim
09:00-09:45	Public Swim (with 1 Lane)
10:00-10:45	Aqua Aerobics
11:00-11:45	Fun Swim
12:00-13:00	Lane Swim
13.15-14.00	Inflatable Fun Swim (Age 8+ Bookable)
14.30-15.15	Fun Swim
15:45-19:00	Junior Swim Lessons
19:15-20:15	Public Swim (with 1 Lane)
20:20-22:00	Lane Swim

Tuesday	
Time	Session
06:45-09:00	Lane Swim
09:05-10:00	Public Swim (with 1 Lane)
10:15-11:00	Fun Swim
11:15-11:45	Healthy Holidays – Swimming Lessons
12:00-13:00	Junior Swimming Lessons
13.30-15.00	Fun Swim
15:45-18:00	Junior Swimming Lessons
18:05-19:00	Public Swim (with 1 Lane)
21:00-22:00	Lane Swim

Swimming Timetable
Summer Holidays 20 July – 31 August 2026

Wednesday	
Time	Session
06:45-09:15	Lane Swim
09:30-10:15	Aqua Aerobics
10:15-11:00	Fun Swim
11:15-11:45	Healthy Holidays
12:00-13:00	Lane Swim
13.15-14.00	Inflatable Fun Swim (Age 8+ Bookable)
14.30-15.15	Fun Swim
15:45-19:30	Junior Swimming Lessons
19:35-20:30	Public Swim (with 1 Lane)
20:35-21:35	Lane Swim

Thursday	
Time	Session
06:45-09:00	Lane Swim
10:15-11:00	Fun Swim
11:15-11:45	Healthy Holidays
12:00-13:00	Lane Swim
13.30-14.00	Adult Swimming Lessons
14:15-15:00	Inflatable Fun Swim (Age 8+ Bookable)
15:45-18:00	Junior Swimming Lessons
18:15-18:55	Public Swim (with 1 Lane)
19:00-21:00	Adult Swimming Lessons
21:00-22:00	Female Only Public Swim (with 2 lanes)

Friday	
Time	Session
08:00-09:00	Lane Swim
06:45-08:55	Lane Swim
09:00-10:00	Public Swim (with 1 Lane)
10:15-11:00	Fun Swim
11:15-11:45	Healthy Holidays
12:00-13:00	Lane Swim
13:30-14:35	Junior Swimming Lessons
14:35-15:20	Fun Swim
15:45-20:00	Junior Swimming Lessons
20:15-21:00	Public Swim (with 2 Lanes)

Swimming Timetable
Summer Holidays 20 July – 31 August 2026

Saturday	
Time	Session
08:30-12:40	Junior Swim Lessons
12:45-13:45	Public Swim (with 1 Lane)
14:00-15:45	Private Party Hire
16:00-17:00	Lane Swim

Sunday	
Time	Session
09:00-10:00	Family Float Swim
10:00-11:00	Family Float Swim
11:00-12:00	Family Float Swim
12:15-13:45	Lane Swim
13:50-16:00	Disability Hub Swimming Lessons
16:15-17:00	Disability Swim
17:15-18:15	Junior Swimming Lessons

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Junior. £3.15 Standard, U3s Free

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Week 6: Monday 24 – Sunday 30 August

Monday 24 August	
Time	Session
06:45-08:55	Lane Swim
09:00-09:45	Public Swim (with 1 Lane)
10:00-10:45	Aqua Aerobics
11:00-11:45	Fun Swim
12:00-13:00	Lane Swim
13.15-14.00	Inflatable Fun Swim (Age 8+ Bookable)
14.30-15.15	Fun Swim
15:45-19:00	Junior Swim Lessons
19:15-20:15	Public Swim (with 1 Lane)
20:20-22:00	Lane Swim

Tuesday 25 August	
Time	Session
06:45-09:00	Lane Swim
09:05-10:00	Public Swim (with 1 Lane)
10:15-11:00	Fun Swim
11:15-11:45	Intensive Swimming Lessons
12:00-13:00	Junior Swimming Lessons
13.30-15.00	Fun Swim
15:45-18:00	Junior Swimming Lessons
18:05-19:00	Public Swim (with 1 Lane)
21:00-22:00	Lane Swim

Swimming Timetable
Sunner Holidays 20 July – 31 August 2026

Wednesday 26 August	
Time	Session
06:45-09:15	Lane Swim
09:30-10:15	Aqua Aerobics
10:15-11:00	Fun Swim
11:15-11:45	Teaster session
12:00-13:00	Lane Swim
13.15-14.00	Inflatable Fun Swim (Age 8+ Bookable)
14.30-15.15	Fun Swim
15:45-19:30	Junior Swimming Lessons
19:35-20:30	Public Swim (with 1 Lane)
20:35-21:35	Lane Swim

Thursday 27 August	
Time	Session
06:45-09:00	Lane Swim
10:15-11:00	Fun Swim
11:15-11:45	Teaster session
12:00-13:00	Lane Swim
13.30-14.00	Adult Swimming Lessons
14:15-15:00	Inflatable Fun Swim (Age 8+ Bookable)
15:45-18:00	Junior Swimming Lessons
18:15-18:55	Public Swim (with 1 Lane)
19:00-21:00	Adult Swimming Lessons
21:00-22:00	Female Only Public Swim (with 2 lanes)

Friday 28 August	
Time	Session
06:45-08:55	Lane Swim
09:00-10:00	Public Swim (with 1 Lane)
10:15-11:00	Fun Swim
11:15-11:45	Teaster session
12:00-13:00	Lane Swim
13:30-14:35	Junior Swimming Lessons
14:35-15:20	Staff training
15:45-20:00	Junior Swimming Lessons
20:15-21:00	Public Swim (with 2 Lanes)

Swimming Timetable
Summer Holidays 20 July – 31 August 2026

Saturday 29 August	
Time	Session
08:30-12:40	Junior Swim Lessons
12:45-13:45	Public Swim (with 1 Lane)
14:00-15:45	Private Party Hire
16:00-17:00	Lane Swim

Sunday 30 August	
Time	Session
09:00-10:00	Family Float Swim
10:00-11:00	Family Float Swim
11:00-12:00	Family Float Swim
12:15-13:45	Lane Swim
13:50-16:00	Disability Hub Swimming Lessons
16:15-17:00	Disability Swim
17:15-18:15	Junior Swimming Lessons

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Monday 31 August (Bank Holiday)	
Time	Session
08:00-09:00	Lane Swim
09:00-09:45	Public Swim (with 1 Lane)
10:00-10:45	Aqua Aerobics
11:00-12:00	Fun Swim

Summer Holidays