

Swimming Timetable Sunner Holidays 20 July – 31 August 2026

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. For session descriptions please visit active.leeds.gov.uk/swimming

Cost

Adult. £6.60 Standard, £5.90 Leeds card, £5.15 Leeds card 60 (Peak), £3.80 Leeds card 60 (Off Peak), £3.15 Leeds card Extra (Peak), £2.50 Leeds card Extra (Off Peak)

Junior. £3.15 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Week 1: Monday 20 July – Sunday 26 July

Monday 20 July – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 09:45	Public Swim (with 1 Lane)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:30 - 20:30	Public Swim (with 3 Lanes)
20:45 - 21:30	Lane Swim

Monday 20 July – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Tuesday 21 July – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
10:00 - 11:15	Public Swim (with 1 Lane)
12:25 - 13:25	Public Swim (with 3 Lanes)
13:45 - 14:30	Public Swim (with 1 Lane)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 18:55	Public Swim (with 2 Lanes)
20:00 - 22:00	Junior Swimming Lessons - Lifesaving

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Tuesday 21 July – Small Pool	
Time	Session
10:00 - 11:15	Family Fun Swim
11:45 - 12:45	Family Fun Swim
18:10 - 18:55	Family Fun Swim

Wednesday 22 July – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 09:45	Public Swim (with 1 Lane)
10:00 - 11:30	Public Swim (with 2 Lanes)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Public Swim (with 2 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday 22 July – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
18:15 - 19:00	Family Fun Swim

Thursday 23 July – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
10:30 - 11:30	Adult Swimming Lessons
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Adult Width Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:15 - 20:15	Junior Swimming Lesson - Stage 8 Competitive
20:30 - 21:15	Lane Swim

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Thursday 23 July – Small Pool	
Time	Session
10:30 - 11:30	Adult & Child Swimming Lessons
11:45 - 12:30	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Friday 24 July – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Public Swim (with 2 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)

Friday 24 July – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Saturday 25 July – Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Public Swim (with 1 Lane)
15:30 - 16:15	Family Fun Swim

Saturday 25 July – Small Pool	
Time	Session
08:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Fun Swim
15:30 - 16:15	Family Fun Swim

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Sunday 26 July – Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 09:45	Lane Swim
10:00 - 12:00	Public Swim (with 1 Lane)
12:30 - 13:15	Lane Swim
13:30 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Fun Swim
16:30 - 17:30	Junior Swimming Lesson - Stage 8 Competitive

Sunday 26 July – Small Pool	
Time	Session
10:00 - 12:00	Fun Swim
13:30 - 14:15	Fun Swim
14:30 - 15:15	Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming

For junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

Summer Holidays

Swimming Timetable Sunmer Holidays 20 July – 31 August 2026

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Cost

Adult. £6.60 Standard, £5.90 Leeds card, £5.15 Leeds card 60 (Peak), £3.80 Leeds card 60 (Off Peak), £3.15 Leeds card Extra (Peak), £2.50 Leeds card Extra (Off Peak)

Junior. £3.15 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

Weeks 2 - 4: Monday 27 July – Sunday 23 August

Monday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:30 - 20:30	Public Swim (with 3 Lanes)
20:45 - 21:30	Lane Swim

Monday – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Tuesday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:15	Public Swim (with 1 Lane)
13:45 - 14:30	Public Swim (with 1 Lane)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 18:55	Public Swim (with 2 Lanes)
20:00 - 22:00	Junior Swimming Lessons - Lifesaving

Swimming Timetable
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Tuesday – Small Pool	
Time	Session
10:00 - 11:15	Family Fun Swim
11:45 - 12:45	Family Fun Swim
18:10 - 18:55	Family Fun Swim

Wednesday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 2 Lanes)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:45 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
18:15 - 19:00	Family Fun Swim

Thursday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:30 - 11:30	Adult Swimming Lessons
11:45 - 12:45	Public Swim (with 3 Lanes)
13:45 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Adult Width Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:15 - 20:15	Junior Swimming Lesson - Stage 8 Competitive
20:30 - 21:15	Lane Swim

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Summer Holidays 20 July – 31 August 2026

Thursday – Small Pool	
Time	Session
10:30 - 11:30	Adult & Child Swimming Lessons
11:45 - 12:30	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Friday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:45 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Public Swim (with 2 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)

Friday – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Saturday – Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Public Swim (with 1 Lane)
15:30 - 16:15	Family Fun Swim

Saturday – Small Pool	
Time	Session
08:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Fun Swim
15:30 - 16:15	Family Fun Swim

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Sunday – Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 09:45	Lane Swim
10:00 - 12:00	Public Swim (with 1 Lane)
12:30 - 13:15	Lane Swim
13:30 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Fun Swim
16:30 - 17:30	Junior Swimming Lesson - Stage 8 Competitive

Sunday – Small Pool	
Time	Session
10:00 - 12:00	Fun Swim
13:30 - 14:15	Fun Swim
14:30 - 15:15	Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming

For junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

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Cost

Adult. £6.60 Standard, £5.90 Leeds card, £5.15 Leeds card 60 (Peak), £3.80 Leeds card 60 (Off Peak), £3.15 Leeds card Extra (Peak), £2.50 Leeds card Extra (Off Peak)

Junior. £3.15 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Week 6: Monday 24 – Sunday 30 August

Monday 24 August – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:30 - 20:30	Public Swim (with 3 Lanes)
20:45 - 21:30	Lane Swim

Monday 24 August – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Tuesday 25 August – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 09:45	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:15	Public Swim (with 1 Lane)
12:25 - 13:25	Public Swim (with 3 Lanes)
13:45 - 14:30	Public Swim (with 1 Lane)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 18:55	Public Swim (with 2 Lanes)
20:00 - 22:00	Junior Swimming Lessons - Lifesaving

Swimming Timetable
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Tuesday 25 August – Small Pool	
Time	Session
10:00 - 11:15	Family Fun Swim
11:45 - 12:45	Family Fun Swim
18:10 - 18:55	Family Fun Swim

Wednesday 26 August – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 09:45	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 2 Lanes)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday 26 August – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
18:15 - 19:00	Family Fun Swim

Thursday 27 August – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 09:45	Intensive Swimming Lessons (see holiday timetable)
10:30 - 11:30	Adult Swimming Lessons
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Adult Width Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:15 - 20:15	Junior Swimming Lesson - Stage 8 Competitive
20:30 - 21:15	Lane Swim

Swimming Timetable
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Thursday 27 August – Small Pool	
Time	Session
10:30 - 11:30	Adult & Child Swimming Lessons
11:45 - 12:30	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Friday 28 August – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Public Swim (with 2 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)

Friday 28 August – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Saturday 29 August – Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Public Swim (with 1 Lane)
15:30 - 16:15	Family Fun Swim

Saturday 29 August – Small Pool	
Time	Session
08:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Fun Swim
15:30 - 16:15	Family Fun Swim

Swimming Timetable
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Sunday 30 August – Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 09:45	Lane Swim
10:00 - 12:00	Public Swim (with 1 Lane)
12:30 - 13:15	Lane Swim
13:30 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Fun Swim
16:30 - 17:30	Junior Swimming Lesson - Stage 8 Competitive

Sunday 30 August – Small Pool	
Time	Session
10:00 - 12:00	Fun Swim
13:30 - 14:15	Fun Swim
14:30 - 15:15	Fun Swim

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Summer Holidays

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Sunner Holidays 20 July – 31 August 2026

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Cost

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Junior. £3.15 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Monday 31 August – Main Pool (BANK HOLIDAY)	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 09:45	Public Swim (with 1 Lane)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)

Monday 31 August – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim