

Swimming Timetable

Sunner Holidays 20 July – 31 August 2026

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. For session descriptions please visit active.leeds.gov.uk/swimming

Cost

Adult. £6.60 Standard, £5.90 Leeds card, £5.15 Leeds card 60 (Peak), £3.80 Leeds card 60 (Off Peak), £3.15 Leeds card Extra (Peak), £2.50 Leeds card Extra (Off Peak)

Junior. £3.15 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Week 1: Monday 20 July – Sunday 26 July

Monday 20 July – Main Pool	
Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
10.00-10.45	Disability Swim
12.00-13.00	Lane Swim
13.30-14.30	Float Swim (Main Pool only)
14.45-15.30	Public Swim (1 Lane)
15.45-18.00	Junior Swimming Lessons
18.10-19.10	WDSC Private Hire
19.10-20.10	Lane Swim
20.15-21.00	Public Swim (with 2 Lane)

Monday 20 July – Small Pool	
Time	Session
09.00-09.45	Fun Swim
09.50-12.00	Junior Swimming Lessons
12.00-13.00	Fun Swim
13.30-14.30	Fun Swim
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

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Tuesday 21 July – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.00	Public Swim (with 1 Lane)
09:05-09:50	Aqua Aerobics
11.00-11.30	Adult Swimming Lessons
12.00-13.00	Lane Swim
13:30-14:30	1-2-1 Swimming Lessons (bookable*)
14.45-15.30	Family Swim
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim
19.00-21.00	WDSC Private Hire

Tuesday 21 July – Small Pool

Time	Session
09.45-11:00	Junior Swimming Lessons
12.00-13.00	Fun Swim
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Wednesday 22 July – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
09:20-10:05	Aqua Aerobics
12.00-13.00	Lane Swim
14.15-15.15	Staff Training
15.45-18.00	Junior Swimming Lessons
18.10-18.55	Aqua Aerobics
19.00-19.45	Disability Swim
20.00-21.00	Lane Swim

Wednesday 22 July – Small Pool

Time	Session
09.00-09.45	Fun Swim
10.30-11.35	Junior Swimming Lessons
12.00-12.45	Fun Swim
12.50-13.20	Junior Swimming Lessons
15.45-18.00	Junior Swimming Lessons

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Thursday 23 July – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
09.30-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-13.00	Lane Swim
13.30-14.30	1-2-1 Swimming Lesson (bookable*)
14.45-15.30	Family Swim
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim
19.00-20.30	WSC Private Hire

Thursday 23 July – Small Pool

Time	Session
09.30-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-13.00	Fun Swim
13.30-14.30	1-2-1 Swimming Lesson (bookable*)
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Friday 24 July – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.00	Public Swim (with 1 Lane)
09.05-09.50	Aqua Aerobics
10.00-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-13.00	Lane Swim
13.30-14.30	1-2-1 Swimming Lessons (bookable*)
14.45-15.30	Family Swim
15.45-18.00	Junior Swimming Lessons
18.30-19.30	Public Swim (with 1 Lane)
20.00-21.00	Lane Swim

Friday 24 July – Small Pool

Time	Session
09.00-09.45	Fun Swim
10.00-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-12.45	Fun Swim
12.50-13.20	Junior Swimming Lessons
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

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Saturday 25 July – Main Pool

Time	Session
08.00-13.30	Junior Swimming Lessons
13.30-14.30	Lane Swim
14.45-15.45	Fun Swim

Saturday 25 July – Small Pool

Time	Session
08.00-13.30	Junior Swimming Lessons
13.30-14.30	Family Swim
14.45-15.45	Family Swim

Sunday 26 July – Main Pool

Time	Session
09.00-10.00	Public Swim (with 1 Lane)
10.15-11.15	Public Swim (with 1 Lane)
11.30-12.30	Fun Swim
12.45-13.45	Family Swim
14.00-15.00	Lane Swim

Sunday 26 July – Small Pool

Time	Session
09.00-10.00	Fun Swim
10.15-11.15	Family Swim
11.30-12.30	Fun Swim
12.45-13.45	Family Swim
14.00-15.00	Fun Swim

***121 Lessons** are suitable for either new swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children and for adults. These can be booked via our online portal at <https://shorturl.at/07R8m>

For junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

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Cost

Adult. £6.60 Standard, £5.90 Leeds card, £5.15 Leeds card 60 (Peak), £3.80 Leeds card 60 (Off Peak), £3.15 Leeds card Extra (Peak), £2.50 Leeds card Extra (Off Peak)

Junior. £3.15 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

Weeks 2 - 5: Monday 27 July – Sunday 23 August

Monday – Main Pool	
Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
10.00-10.45	Disability Swim
12.00-13.00	Lane Swim
13.30-14.30	Float Swim (Main Pool Only)
14.45-15.30	Public Swim (with 1 Lane)
15.45-18.00	Junior Swimming Lessons
18.10-19.10	WDSC Private Hire
19.10-20.10	Lane Swim
20.15-21.00	Public Swim (with 1 Lane)

Monday – Small Pool	
Time	Session
09.00-09.45	Fun Swim
09.50-12.00	Junior Swimming Lessons
12.00-13.00	Fun Swim
13.30-14.30	Fun Swim
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Swimming Timetable
Sunner Holidays 20 July – 31 August 2026

Tuesday – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.00	Public Swim (with 1 Lane)
09.05-09.50	Aqua Aerobics
11.00-11.30	Adult Swimming Lessons
12.00-13.00	Lane Swim
13.30-14.15	Healthy Holidays (bookable*)
13.30-14.30	1-2-1 Swimming Lessons (bookable *)
14.45-15.30	Family Swim
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim
19.00-21.00	WDSC Private Hire

Tuesday – Small Pool

Time	Session
09.45-11.00	Junior Swimming Lessons
12.00-13.00	Fun Swim
13.00-14.30	1-2-1 Swimming Lessons (bookable*)
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Wednesday – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
09.20-10.05	Aqua Aerobics
12.00-13.00	Lane Swim
13.30-14.15	Healthy Holidays (bookable*)
14.15-15.15	Staff Training
15.45-18.00	Junior Swimming Lessons
18.10-18.55	Aqua Aerobics
19.00-19.45	Disability Swim
20.00-21.00	Lane Swim

Wednesday – Small Pool

Time	Session
09.00-09.45	Fun Swim
10.30-11.35	Junior Swimming Lessons
12.00-12.45	Fun Swim
12.50-13.20	Junior Swimming Lessons
15.45-18.00	Junior Swimming Lessons

Swimming Timetable
Sunner Holidays 20 July – 31 August 2026

Thursday – Main Pool	
Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
09.30-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-13.00	Lane Swim
13.30-14.15	Healthy Holidays (bookable*)
13.30-14.30	1-2-1 Swimming Lesson (bookable*)
14.45-15.30	Family Swim
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim
19.00-20.30	WSC Private Hire

Thursday – Small Pool	
Time	Session
09.30-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-13.00	Fun Swim
13.30-14.30	1-2-1 Swimming Lessons (bookable*)
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Friday – Main Pool	
Time	Session
07.00-08.00	Lane Swim
08.15-09.00	Public Swim (with 1 Lane)
09.05-09.50	Aqua Aerobics
10.00-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-13.00	Lane Swim
13.30-14.30	1-2-1 Swimming Lessons (bookable*)
14.45-15.30	Family Swim
15.45-18.00	Junior Swimming Lessons
18.30-19.30	Public Swim (with 1 Lane)
20.00-21.00	Lane Swim

Friday – Small Pool	
Time	Session

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09.00-09.45	Fun Swim
10.00-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-12.45	Fun Swim
12.50-13.20	Junior Swimming Lessons
13.30-14.30	1-2-1 Swimming Lesson (bookable*)
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Saturday – Main Pool

Time	Session
08.00-13.30	Junior Swimming Lessons
13.30-14.30	Lane Swim
14.45-15.45	Fun Swim

Saturday – Small Pool

Time	Session
08.00-13.30	Junior Swimming Lessons
13.30-14.30	Family Swim
14.45-15.45	Family Swim

Sunday – Main Pool

Time	Session
09.00-10.00	Public Swim (with 1 Lane)
10.15-11.15	Public Swim (with 1 Lane)
11.30-12.30	Fun Swim
12.45-13.45	Family Swim
14.00-15.00	Lane Swim

Sunday – Small Pool

Time	Session
09.00-10.00	Fun Swim
10.15-11.15	Family Swim
11.30-12.30	Fun Swim
12.45-13.45	Family Swim
14.00-15.00	Fun Swim

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Cost

Adult. £6.60 Standard, £5.90 Leeds card, £5.15 Leeds card 60 (Peak), £3.80 Leeds card 60 (Off Peak), £3.15 Leeds card Extra (Peak), £2.50 Leeds card Extra (Off Peak)

Junior. £3.15 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Week 6: Monday 24 – Sunday 30 August

Monday 24 August – Main Pool	
Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
10.00-10.45	Disability Swim
12.00-13.00	Lane Swim
13.30-14.30	Float Swim (Main Pool Only)
14.45-15.30	Public Swim (with 1 Lane)
15.45-18.00	Junior Swimming Lessons
18.10-19.10	WDSC Private Hire
19.10-20.10	Lane Swim
20.15-21.00	Public Swim (with 2 Lane)

Monday 24 August – Small Pool	
Time	Session
09.00-09.45	Fun Swim
09.50-12.00	Junior Swimming Lessons
12.00-13.00	Fun Swim
13.30-14.30	Fun Swim
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Swimming Timetable
Sunner Holidays 20 July – 31 August 2026

Tuesday 25 August – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.00	Public Swim (with 1 Lane)
11.00-11.30	Adult Swimming Lessons
12.00-13.00	Lane Swim
13.30-14.30	1-2-1 Swimming Lesson (bookable*)
14.45-15.30	Family Swim
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim
19.00-21.00	WDSC Private Hire

Tuesday 25 August – Small Pool

Time	Session
09.45-11:00	Junior Swimming Lessons
12.00-13.00	Fun Swim
13:30-14:30	1-2-1 Swimming Lessons (bookable*)
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Wednesday 26 August – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
12.00-13.00	Lane Swim
14.15-15.15	Staff Training
15.45-18.00	Junior Swimming Lessons
19.00-19.45	Disability Swim
20.00-21.00	Lane Swim

Wednesday 26 August – Small Pool

Time	Session
09.00-09.45	Fun Swim
10.30-11.35	Junior Swimming Lessons
12.00-12.45	Fun Swim
12.50-13.20	Junior Swimming Lessons
15.45-18.00	Junior Swimming Lessons

Thursday 27 August – Main Pool

Swimming Timetable
Sunmer Holidays 20 July – 31 August 2026

Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
09.30-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-13.00	Lane Swim
13.30-14.30	1-2-1 Swimming Lesson (bookable*)
14.45-15.30	Family Swim
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim
19.00-20.30	WSC Private Hire

Thursday 27 August – Small Pool

Time	Session
09.30-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-13.00	Fun Swim
13.30-14.30	1-2-1 Swimming Lessons (bookable*)
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Friday 28 August – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.00	Public Swim (with 1 Lane)
09.05-09.50	Aqua Aerobics
10.00-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-13.00	Lane Swim
13.30-14.30	1-2-1 Swimming Lessons (bookable*)
14.45-15.30	Family Swim
15.45-18.00	Junior Swimming Lessons
18.30-19.30	Public Swim (with 1 Lane)
20.00-21.00	Lane Swim

Friday 28 August – Small Pool

Time	Session
09.00-09.45	Fun Swim
10.00-11.30	1-2-1 Swimming Lessons (bookable*)
12.00-12.45	Fun Swim
12.50-13.20	Junior Swimming Lessons
13.30-14.30	1-2-1 Swimming Lessons (bookable*)
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Saturday 29 August – Main Pool

Swimming Timetable
Sunmer Holidays 20 July – 31 August 2026

Time	Session
08.00-13.30	Junior Swimming Lessons
13.30-14.30	Lane Swim
14.45-15.45	Fun Swim

Saturday 29 August – Small Pool

Time	Session
08.00-13.30	Junior Swimming Lessons
13.30-14.30	Family Swim
14.45-15.45	Family Swim

Sunday 30 August – Main Pool

Time	Session
09.00-10.00	Public Swim (with 1 Lane)
10.15-11.15	Public Swim (with 1 Lane)
11.30-12.30	Fun Swim
12.45-13.45	Family Swim
14.00-15.00	Lane Swim

Sunday 30 August – Small Pool

Time	Session
09.00-10.00	Fun Swim
10.15-11.15	Family Swim
11.30-12.30	Fun Swim
12.45-13.45	Family Swim
14.00-15.00	Fun Swim

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Cost

Adult. £6.60 Standard, £5.90 Leedscard, £5.15 Leedscard 60 (Peak), £3.80 Leedscard 60 (Off Peak), £3.15 Leedscard Extra (Peak), £2.50 Leedscard Extra (Off Peak)

Junior. £3.15 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Monday 31 August – Main Pool (BANK HOLIDAY)	
Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
10.00-10.45	Disability Swim
11.30-12.30	Lane Swim

Monday 31 August – Small Pool	
Time	Session
09.00-09.45	Fun Swim
10.00-11.00	Fun Swim
11.30-12.30	Fun Swim