

Swimming Timetable Summer Holidays 20 July – 31 August 2026

Please note Swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/Swimming**

Cost

Adult. £6.60 Standard, £5.90 Leeds card, £5.15 Leeds card 60 (Peak), £3.80 Leeds card 60 (Off Peak), £3.15 Leeds card Extra (Peak), £2.50 Leeds card Extra (Off Peak)

Junior. £3.15 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

Weeks 2 - 6: Monday 27 July – Sunday 30 August

Monday – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:45 – 10:30	Aqua Aerobics
10:45 – 11:30	Fun Swim
11:45 – 12:15	Intensive Swimming Lessons (See Holiday Timetable)
12:30 – 13:15	Lane Swim
13:30 – 14:30	Fun Swim
14:45 – 15:15	Intensive Swimming Lessons (See Holiday Timetable)
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19:15 – 20:00	Aqua Zumba
20:15 – 21:15	Lane Swim

Monday – Small Pool	
Time	Session
09:15 – 09:45	Adult & Child Swimming Lesson
10:45 – 11:30	Family Swim
12:30 – 13:15	Family Swim
13:30 – 14:30	Family Swim
15:45 – 18:45	Junior Swimming Lessons

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Tuesday – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 10:15	Intensive Swimming Lessons (See Holiday Timetable)
10:30 – 11:30	Fun Swim
11:45 – 12:15	Intensive Swimming Lessons (See Holiday Timetable)
12:30 – 13:15	Lane Swim
13:30 – 14:30	Fun Swim
14:45 – 15:15	Intensive Swimming Lessons (See Holiday Timetable)
15:45 – 19:00	Junior Swimming Lessons
20:30 – 21:15	Lane Swim

Tuesday – Small Pool	
Time	Session
09:30 – 10:15	Intensive Swimming lessons (See Holiday Timetable)
10:30 – 11:30	Family Swim
12:15 – 13:30	Adult & Child swimming Lesson
13:30 – 14:30	Family Swim
15:45 – 19:00	Junior Swimming Lessons

Wednesday – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 10:15	Intensive Swimming Lessons (See Holiday Timetable)
10:30 – 11:30	Fun Swim
11:45 – 12:15	Intensive Swimming Lessons (See Holiday Timetable)
12:30 – 13:15	Lane Swim
13:30 – 14:30	Fun Swim
14:45 – 15:15	Intensive Swimming Lessons (See Holiday Timetable)
15:45 – 18:00	Junior Swimming Lessons
18:00 – 18:45	Disability Swim
19:00 – 20:00	Adult Swimming Lessons
20:30 – 21:30	Lane Swim

Wednesday – Small Pool	
Time	Session
09:30 – 10:15	Intensive Swimming lessons (See Holiday Timetable)
10:30 – 11:30	Family Swim
12:30 – 13:15	Family Swim
13:30 – 14:30	Family Swim
15:45 – 18:00	Junior Swimming Lessons

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Thursday – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 10:15	Intensive Swimming Lessons (See Holiday Timetable)
10:30 – 11:30	Fun Swim
11:45 – 12:15	Intensive Swimming Lessons (See Holiday Timetable)
12:30 – 13:15	Lane Swim
13:30 – 14:30	Fun Swim
14:45 – 15:15	Intensive Swimming Lessons (See Holiday Timetable)
15:45 – 19:00	Junior Swimming Lessons
20:30 – 21:15	Female Only Public Swim 2 Lanes

Thursday – Small Pool	
Time	Session
09:30 – 10:15	Intensive Swimming Lessons (See Holiday Timetable)
10:30 – 11:30	Family Swim
12:30 – 13:15	Family Swim
13:30 – 14:30	Family swim
15:45 – 19:00	Junior Swimming Lessons

Friday – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 10:15	Intensive Swimming Lessons (See Holiday Timetable)
10:30 – 11:30	Fun Swim
11:45 – 12:15	Intensive Swimming Lessons (See Holiday Timetable)
12:30 – 13:15	Lane Swim
13:30 – 14:15	Fun Swim
14:30 – 15:15	Aqua Mobility
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19:15 – 20:00	Aqua Aerobics
20:15 – 21:00	Lane Swim

Friday – Small Pool	
Time	Session
09:30 – 10:15	Intensive Swimming lessons (See Holiday Timetable)
10:30 – 11:30	Family Swim
12:30 – 13:15	Family Swim
13:30 – 14:15	Family Swim
15:45 – 18:00	Junior Swimming Lessons

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Saturday – Main Pool	
Time	Session
08:30 – 12:15	Junior Swimming Lessons
12:30 – 13:30	Family Fun Swim
13:45 – 14:45	Public Swim (with 2 Lanes)
15:00 – 15:45	Lane Swim

Saturday – Small Pool	
Time	Session
08:30 – 12:15	Junior Swimming Lessons
12:30 – 13:30	Family Fun Swim

Sunday – Main Pool	
Time	Session
08:30 – 09:15	Lane Swim
09:30 – 10:15	SENsory Family Fun Swim
10:30 – 12:15	Public Swim (with 2 lanes)
12:30 – 13:30	Lane Swim
13:45 – 14:45	Family Fun Swim
15:00 – 15:45	Female Only Family Swim
16:00 – 16:45	Female Only Public Swim (with 3 Lanes)

Sunday – Small Pool	
Time	Session
09:30 – 10:15	SENsory Family Fun Swim
10:30 – 12:15	Family Swim
13:45 – 14:45	Family Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming

For junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

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Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Monday 31 August (BANK HOLIDAY) – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:45 – 10:30	Aqua Aerobics
10:45 – 11:30	Fun Swim

Monday 31 August – Small Pool	
Time	Session
10:45 – 11:30	Fun Swim